



Micro Sprint Double Adjustable Settings

Left Front Compression

Valving	2	2.5	3	4	5	6	7	7.5
Setting	1	2	3	4	5	6	7	8

Rebound

Valving	4	3	2	1	0
Setting	0	12	24	24	24

Right Front Compression

Valving	2	2.5	3	4	5	6	7	7.5
Setting	1	2	3	4	5	6	7	8

Rebound

Valving	4	3	2	1	0
Setting	0	12	24	24	24

Left Rear Compression

Valving	2	2.5	3	4	5	6	7	7.5
Setting	1	2	3	4	5	6	7	8

Rebound

Valving	10	9	8	7	6	5	4
Setting	0	6	9	11	13	16	24

Right Rear Compression

Valving	2	2.5	3	4	5	6	7	7.5
Setting	1	2	3	4	5	6	7	8

Rebound

Valving	8	7	6	5	4	3
Setting	0	4	9	11	14	24

Gas Pressure
 Recommended 30 lbs
 Minimum 30 lbs
 Maximum 160 lbs