



## Micro Sprint Single Adjustable Settings

### Left Front

#### *Rebound*

Valving	4	3	2	1
Setting	0	12	24	24

### Right Front

#### *Rebound*

Valving	4	3	2	1
Setting	0	12	24	24

### Left Rear

#### *Rebound*

Valving	10	9	8	7	6	5	4
Setting	0	6	9	11	13	16	24

### Right Rear

#### *Compression*

Valving	6	5	4	3	2
Setting	0	8	12	16	24

OR

#### *Rebound*

Valving	8	7	6	5	4	3
Setting	0	4	9	11	14	24

Gas Pressure  
Recommended 30 lbs  
Minimum 30 lbs  
Maximum 160 lbs